

Paris

THE STRASSBURG SOCK

the night splint your patients will actually wear



The **STRASSBURG** sock is a very effective, surprisingly comfortable and cost effective compliment to traditional plantar fasciitis treatment regimes.

Conventional hard plastic night splints maintain tension on the fascia by holding the ankle at or near a neutral position. The **STRASSBURG** sock provides a more complete and specific tension on the plantar fascia by passively dorsiflexing the toes (and engaging the windlass mechanism) as well as by holding the ankle in a neutral position. Used in combination with custom foot orthotic, anti-inflammatory and other conservative therapies, the **STRASSBURG** sock night splint significantly improves clinical outcomes¹.

Advantages of the **STRASSBURG** sock include:

- A breathable and washable tubular knit “sock” design that is comfortable enough to sleep in,
- A unique hook & loop adjustable strap design that dorsiflexes the toes as well as holds the foot in a neutral position, and
- No restriction of the ankle joint.

A retrospective study published by Barry and colleagues¹, compared the **STRASSBURG** sock to a gastrocnemius-soleus stretching regime reported the following results:

	STRASSBURG Sock Group	Stretching Regime Group
# of Subjects	89 patients	70 patients
Mean recovery time	18.5 days	58.6 days
Follow up visits	1.78	3.07
Additional interventions	1.83	2.14

Of the 89 patients in the **STRASSBURG** sock group, all tolerated wearing the intervention and 97.8% of them recovered within 8 weeks.

The **STRASSBURG** sock is available in two sizes: Adult Regular (up to 16” calf diameter), Adult Large (>16” calf diameter). A Pediatric version is also available for use in treating ankle equinus.

¹ Barry LD et al. A Retrospective Study of Standing Gastrocnemius-soleus Stretching versus Night Splinting in the Treatment of Plantar Fasciitis. The Journal of Foot & Ankle Surgery. 41(4): 221-227, 2002.

For more information or to request an order form please call:

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